

# MENINGOCOCCAL MENINGITIS

- **Caused by bacteria obtained from infected persons during coughing**
  - Increased risk during Hajj and in African meningitis belt
  - Increased risk during cooler or dry months (winter and spring)
- **Symptoms**
  - Sudden onset of fever, intense headache, nausea, vomiting, stiff neck, and frequently rash
  - Severe symptoms and death possible
- **Countermeasures**
  - **Immunization**
  - Avoid unnecessary exposure to high-risk populations

